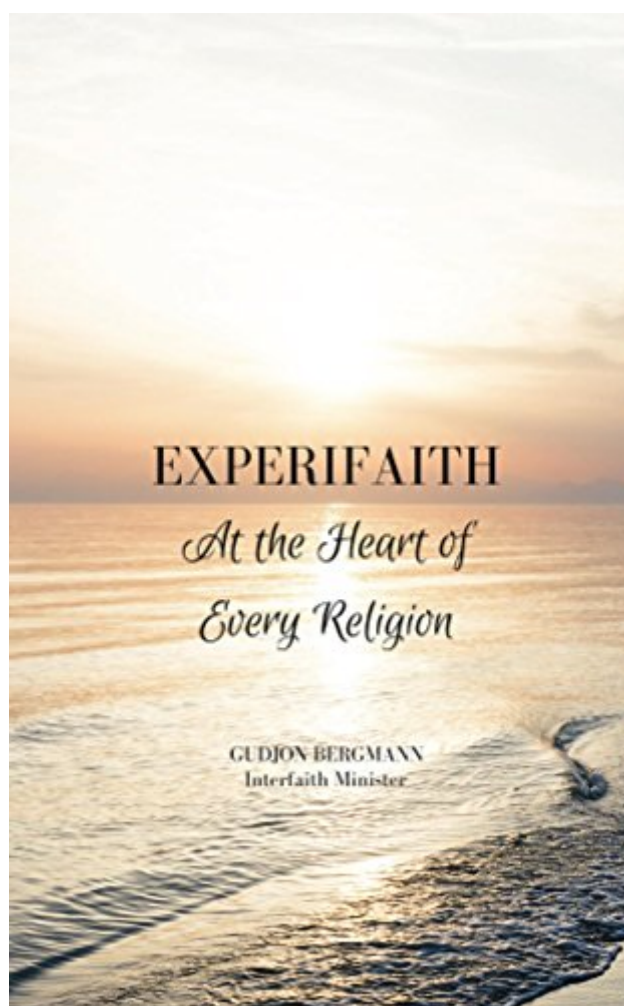


The book was found

Experifaith: At The Heart Of Every Religion; An Experiential Approach To Individual Spirituality And Improved Interfaith Relations



Synopsis

This little book is for everyone who is interested in faith-based experiences, the exploration of individual spirituality, and is looking for a new approach to interfaith communications. The Experifaith model unveils an invisible string that ties the pearl necklace of human spirituality together. Here is how it came into being. After a lifetime of exploring firsthand spiritual practices, author Gudjon Bergmann decided to try a different approach in his quest to understand religion and spirituality. He entered All Faiths Seminary to become an Interfaith Minister. There, after months of study, reflection, and contemplation, an interfaith framework unveiled itself to him – a model that placed experience at the heart of every religion and solved a persistent East-West conundrum in the process. Once completed, Bergmann began showing the model to people of different faiths and persuasions. From the outset, it appeared to help everyone understand his or her personal faith at a deeper level, no matter the cultural or religious background – even agnostics and atheists found it helpful. In addition, the model’s experiential approach opened a new pathway for interfaith communications. Instead of talking about stories and cultures, which are different from one religion to another, people from different faiths are given a tool to talk about something that they have in common – their experiences. The resulting book – which bears the same name as the model – is clearly written, short, sprinkled with interfaith wisdom, and achieves the most difficult of feats, which is to simplify without diluting.

Book Information

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Customer Reviews

Rev. Gudjon has done an incredible job of building a bridge between every belief system and wisdom tradition. In this short, concise, and powerful book he has identified the common ground we all share - the Experience of the Divine. Experifaith provides a rich set of powerful tools and simple, useful ways to explain and share our greatest resource without conflict or competition. This is a Must Read for anyone interested in Interfaith work, for those who want to share their experience of their faith, and/or anyone who wants to create a closer connection to the Divine.

The beauty of Experifaith is its simplicity, clarity and practicality. The Experifaith model is a practical tool for personal use that can also be leveraged as a tool for interfaith dialogue. I found the suggestion of creating a self-portrait to be a good audit of one's personal spiritual development and a "check-in" if you will: Read and compare. Read and reflect. This is the experiential approach. I also look forward to the opportunity to use this model as a common ground for sharing with other faiths. Thank goodness for this "oneness of a kind" guide.

An awesome resource for people who are passionate about inter-faith dialogue. I have personally been transformed in my understanding of 'the other' (a spiritual tradition that appeared too strange and alien to begin with) after one of G. Bergmann's workshops based on the book. It'll be a great resource for spiritual leaders, teachers and organisers who need fresh ideas for retreats, workshops, home study groups and conferences.

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